





# SOME OF YOUR EMPLOYEES ARE SILENTLY STRUGGLING.

Supporting their success is as simple as lending an EAR.

Your employees or their loved ones may be struggling with Substance Use Disorder. Get them the help they need - completely confidential, at no cost.

# **Our Recovery Friendly Workplace**

Employee Assistance Resource (EAR) Program

allows employees regular access to a Licensed Alcohol and Drug Counselor (LADC), either on-site at the workplace or remotely. LADCs have specialized training to help those directly or indirectly impacted by substance use disorder (SUD) navigate a path to greater well-being and success.

Employees or their loved ones who are concerned about substance use - their own, or on behalf of another - can set up an appointment to meet with a LADC confidentially. *This program is available to workplaces at no charge* during the pilot period, which will likely be through June 30, 2021.

Support your employees or their loved ones who have been impacted by substance use. Easy access to support resources makes a tremendous difference in helping people enter recovery, sustain recovery, or cope with stresses associated with a loved one's substance use.

# WWW.EARPROGRAM.COM

# **PROGRAM ELEMENTS INCLUDE:**

# ONE-ON-ONE SUPPORT BY A TRAINED PROFESSIONAL

Our Licensed Alcohol and Drug Counselors are clinically trained to provide support to those who have been impacted by their or another person's substance use. They are well-versed on the complexities of substance use disorder and know how to provide compassionate, clinically informed support.

# A CONFIDENTIAL & CUSTOMIZED PROCESS

Everything participants share during these sessions is confidential, helping reduce barriers to accessing support. Sessions are tailored to best meet each person's needs, with a focus on establishing goals and providing experienced support in achieving those goals.

# PLANNING FOR CONTINUED SUCCESS

Our counselors help employees or their loved ones build a longterm plan for continued success. This may include providing access to further resources, making referrals for additional outside counseling, or other expert guidance LADCs have to offer.

To participate or learn more, contact Cameron Ford at cameron.ford@headrest.org or 603-448-4872

