

“When I came to Headrest I had no life skills. Applying for jobs seemed like a daunting task. Today not only do I have a job that I enjoy, it's a career. Headrest went above and beyond for me. They have shown me that if I put the work in towards my goals anything is possible.”

- Karl C.



“Work is great. I transitioned to a first shift position. I was also promoted to a Warehouse Specialist II. Life is going well. I'm in escrow on my first home. Fingers crossed! I'll be in my home by Christmas.”



MISSION STATEMENT:

Headrest supports individuals and their families, friends and neighbors affected by substance use, navigating recovery, or in crisis, by providing effective programs and treatment options that support prevention and long-term recovery. Headrest will never turn anyone away.



Our Founders in 1971

Headrest helps more than 11,000 individuals per year - whether experiencing a crisis or substance use disorder issues. We have provided our services through the kindness of our donors and volunteers. Please consider a donation to help us sustain our mission.



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14 Church Street
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603.448.4872
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VOCATIONAL/ EMPLOYMENT SERVICES



THE HEADREST VISION:
“WE IMAGINE A WORLD WHERE
THERE IS NO SHAME IN GETTING
THE HELP YOU NEED.”



Celebrating 50 years in 2021!
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WHAT H.O.W. OFFERS TO CLIENTS

- Assessment of employable skills
- Job search resources
- Resume development
- Application assistance
- Practice job interviews
- Portfolio creation
- Financial literacy training
- Ongoing support to employee, on and off job site
- Interview clothing available as needed

“Moved onto my own place...and am working towards expanding my responsibilities at work. Life is so great. A lot of hard work but totally worth it!”



The Headrest Opportunities for Work (H.O.W.) program launched in 2018 to help its clients secure career-ladder employment as a foundational building block for long-term recovery. Our Vocational/Employment Specialist has decades of experience matching people who are navigating recovery to highly valued jobs, resulting in renewed lives for clients and strong, loyal workforces for local employers.

“I’m doing very very well, I am on first shift now! I’ve gotten a raise and I’m on my way to being an assembler too very shortly. So things are wonderful. YOU have a huge part in me being able to get the job I have...it’s been a true blessing.”

PLEASE GET INVOLVED

Your workplace can make a difference. Learn more about the H.O.W. program by contacting Vocational/Employment Specialist **Lori Bartlett, M. Ed.**

603.448.4872 x116
lori.bartlett@headrest.org



WHAT H.O.W. OFFERS TO EMPLOYERS

- Pre-screening of applicants for proper job match
- Ongoing support to employee and employer, on and off job site
- Licensed Alcohol and Drug Counselors (LADC) available to workplace for support and training
- Opportunity to serve on the H.O.W. Advisory Board
- A workforce motivated for job success

“We have been fortunate to have partnered with Headrest for several years. The work they do is so necessary today for the people in their program as well as for employers who are recovery friendly. Through this program, we have hired some fabulous employees who have found a home at our Co-op. Thank you Headrest, for all you do each and every day.” - Lori Hildbrand, Co-op Food Stores